



MARCH 2010 ELEMENTARY SCHOOL DISTRICT 159 BREAKFAST MENU



We're thinking green, are you ?

Good health is the result of a healthy life style that includes eating a good breakfast! You won't need "good luck" if you are eating right!

Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL CASIMIR PULASKI DAY	2 STRING CHEESE & MINI BAGEL w/Jelly <i>OR COLD CEREAL CHOICE</i> 100% APPLE JUICE	3 BLUEBERRY POP TART <i>OR COLD CEREAL CHOICE</i> 100% APPLE/CHERRY JUICE	4 YOGURT CUP w/Goldfish Grahams <i>OR COLD CEREAL CHOICE</i> SWEET PEARS	5 BROWN SUGAR OATMEAL BAR <i>OR COLD CEREAL CHOICE</i> 100% APPLE/CHERRY JUICE
8 2 MINI BAGELS w/Jelly <i>OR COLD CEREAL CHOICE</i> 100% APPLE JUICE	9 SMORES POP TART <i>OR COLD CEREAL CHOICE</i> 100% ORANGE JUICE	10 CINNAMON BUN <i>OR COLD CEREAL CHOICE</i> 100% GRAPE JUICE	11 STRING CHEESE & MINI BAGEL w/Jelly <i>OR COLD CEREAL CHOICE</i> 100% ORANGE JUICE	12 HONEY BUN <i>OR COLD CEREAL CHOICE</i> 100% APPLE/CHERRY JUICE
15 BLUEBERRY POP TART <i>OR COLD CEREAL CHOICE</i> 100% APPLE/CHERRY JUICE	16 YOGURT CUP w/Goldfish Grahams <i>OR COLD CEREAL CHOICE</i> SWEET PEARS	17 2 MINI BAGELS w/Jelly <i>OR COLD CEREAL CHOICE</i> 100% ORANGE JUICE	18 STRAWBERRY POP TART <i>OR COLD CEREAL CHOICE</i> MANDARIN ORANGES	19 STRING CHEESE & MINI BAGEL w/Jelly <i>OR COLD CEREAL CHOICE</i> 100% APPLE JUICE
22 HONEY BUN <i>OR COLD CEREAL CHOICE</i> 100% APPLE JUICE	23 CHOCOLATE CHIP POP TART <i>OR COLD CEREAL CHOICE</i> 100% GRAPE JUICE	24 BROWN SUGAR OATMEAL BAR <i>OR COLD CEREAL CHOICE</i> 100% APPLE/CHERRY JUICE	25 CINNAMON BUN <i>OR COLD CEREAL CHOICE</i> MANDARIN ORANGES	26 SUPER BLUEBERRY LOAF <i>OR COLD CEREAL CHOICE</i> 100% APPLE JUICE
29	30	31		

Questions about the menu?
Call 708-720-9733
A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.

Fun food web-site
www.smallstep.gov

Milk variety offered daily.

** Please Note **

Menu changes may be necessary. Notice will be given when possible.

* Contains Pork

SPRING BREAK