



# FEBRUARY 2010

## ELEMENTARY SCHOOL DISTRICT 159

### ELEMENTARY - LUNCH MENU



We're thinking green, are you?

LUNCH INCLUDES

ENTRÉE  
FRUIT  
& /or  
VEGETABLE  
GRAINS  
MILK

Offered Daily:  
Student Salad  
With Chicken &  
Dressing

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> HAMBURGER <i>OR BAKED POTATO</i> <i>w/Chili &amp; Cheese</i> STEAMED BROCCOLI MANDARIN ORANGES	<b>2</b> TONY'S *SAUSAGE PIZZA <i>OR BEEF &amp; BEAN BURRITO</i> <i>w/Lettuce, Cheese &amp; Salsa</i> SEASONED GREEN BEANS MANDARIN ORANGES	<b>3</b> "WALKING TACOS" <i>w/Taco Meat, Grated Cheese</i> <i>&amp; Fritos Corn Chips</i> <i>OR CHICKEN SANDWICH</i> SHREDDED LETTUCE CINNAMON APPLESAUCE	<b>4</b> "CHICKEN POTATO BOWLS" <i>w/Chicken Gravy</i> <i>OR MINI CORN DOGS</i> WHIPPED POTATOES <i>w/Gravy</i> WHOLE KERNEL CORN	<b>5</b> CONEY ISLAND CORN DOG <i>OR SLOPPY JOE</i> STEAMED BROCCOLI FRESH ORANGE SMILES
<b>8</b> CHICKEN NUGGETS <i>w/BBQ Sauce &amp; Roll</i> <i>OR HOT DOG</i> WHIPPED POTATOES <i>w/Gravy</i> GARDEN PEAS	<b>9</b> 'THE MAX' CHEESE PIZZA WEDGE <i>OR *HAM &amp; CHEESE MELT</i> GARDEN SALAD <i>w/Dressing</i> SWEET PEARS	<b>10</b> CHICKEN SANDWICH <i>OR NACHO SUPREME w/Taco</i> <i>Meat &amp; Grated Cheese</i> SHREDDED LETTUCE CINNAMON APPLESAUCE	<b>11</b> CONEY ISLAND CORN DOG <i>OR *BBQ RIB SANDWICH</i> WHOLE KERNEL CORN APPLE SLICES	<b>12</b> TEACHER INSTITUTE DAY  NO SCHOOL  <b>LINCOLN'S BIRTHDAY</b>
<b>15</b> NO SCHOOL  <b>PRESIDENT'S DAY</b>	<b>16</b> BEEF RAVIOLI <i>w/Breadstick</i> <i>OR CHICKEN SANDWICH</i> GARDEN SALAD <i>w/Dressing</i> 100% GRAPE JUICE	<b>17</b> MINI CORN DOGS <i>OR TONY'S PIZZA</i> STEAMED BROCCOLI FRESH ORANGE SMILES	<b>18</b> "CHICKEN POTATO BOWLS" <i>w/Chicken Gravy</i> <i>OR MINI CORN DOGS</i> WHIPPED POTATOES <i>w/Gravy</i> WHOLE KERNEL CORN	<b>19</b> CHICKEN SANDWICH <i>OR SOFT TACOS w/Taco</i> <i>Meat &amp; Grated Cheese</i> SHREDDED LETTUCE CINNAMON APPLESAUCE
<b>22</b> *BBQ RIB SANDWICH <i>OR CREAMY MACARONI</i> <i>&amp; CHEESE w/Wheat</i> <i>Bread Slice</i> GARDEN PEAS SWEET PEARS	<b>23</b> PIZZA DIPPERS <i>w/Marinara Sauce &amp; Cheese</i> <i>OR CHEESEBURGER</i> GARDEN SALAD <i>w/Dressing</i> CRISP APPLE	<b>24</b> HOT DOG <i>OR CHICKEN NUGGETS</i> <i>w/BBQ Sauce &amp; Roll</i> WHIPPED POTATOES <i>w/Gravy</i> GARDEN PEAS	<b>25</b> CHICKEN SANDWICH <i>OR NACHO SUPREME w/Taco</i> <i>Meat &amp; Grated Cheese</i> SHREDDED LETTUCE CINNAMON APPLESAUCE	<b>26</b> MINI CORN DOGS <i>OR MEATBALL BOMBER</i> <i>w/Marinara Sauce &amp; Cheese</i> WHIPPED POTATOES <i>w/Gravy</i> STEAMED CARROTS
It's National Snack Food Month! Good snacks are part of a healthy life style IF you choose well. Our favorite snack is the <b>Grape-n-Cheese Mini-Kebobs</b> , a great snack and good for you!				

Questions about  
the menu?  
Call 708-720-9733

A comprehensive  
Nutrition & Allergy  
Guide is  
available in the Food  
Service Office.  
Fun food web-site  
[www.smallstep.gov](http://www.smallstep.gov)

Milk variety offered daily.

\*\* Please Note \*\*

Menu changes may be necessary. Notice will be given when possible.

\* Contains Pork

